

A,B,C and D (usually) contrast colours or needle positions
 1/3,2/3} = denotes tensions represented by dots between whole numbers
 .1,.2 } on stitch/tension dial
 alt = alternate(ly)
 altog = altogether
 ANR = all needle rib (DR,ENR,FNR,K/K)
 beg = beginning
 BB = back bed
 BO = bind off (cast off)
 BOLT = bind off (latch tool)
 CAL = carriage at left
 carr = carriage (cam box) (lock - Passap)
 CAR = carriage at right
 CB = cam box (generic term for carriage/lock)
 CC = clearing cams (generic term for part/slip/empty buttons)
 CC = contrast colour
 ch = chain
 ch.co = chain cast-on (latch-tool/crochet cast-on)
 cm = centimetre(s)
 CO = cast on
 COBH = cast on by hand
 col = colour
 COL = carriage on left
 con = contrast
 COR = carriage on right
 cont = continu(e)(ing)
 CR = carriage release
 CY = contrast yarn
 DB = double bed
 dc = double crochet
 dec = decreas(e)(ing)
 DK = double knitting
 DR = double rib (ANR,ENR,FNR,K/K)
 ENR = every needle rib (ANR,DR,FNR,K/K)
 EON = every other needle
 EOR = every other row
 ev = every
 FB = front bed
 Ff(FF) = fully fashioned
 FI = Fair Isle
 fig = figure
 FL = fine lace (on Brother machines)
 FNR = full needle rib (ANR,DR,ENR,K/K)
 foll = following
 ft = foot (feet)
 g = grams (grammes)
 GC = garter carriage
 GS = garter stitch
 HK = hand knitting
 HP = holding position
 I = working position (needles) (Passap)
 IC = intarsia carriage

in = inch(es)
 inc = increas(e)(ing)
 ISM = Incredible Sweater Machine (Bond)
 K = knit
 KCI } = dial positions on Brother machines
 KCI }
 K/K = knit/knit (ANR,DR,ENR,FNR)
 kg = kilogram(s) (kilogrammes)
 L = lace
 L = left
 lb = pound(s) (weight)
 LC = lace carriage
 LH = left hand
 LHS = left hand side
 LOL = lock on left (Passap)
 LOR = lock on right (Passap)
 M/c = machine
 MB = main bed
 MC = main carriage
 MC = main colour
 MC = multi-colour (on Brother machines)
 mm = millimetre(s)
 MT = main tension
 MT-1 = main tension minus one, one whole number less than main tension used in knitting the garment
 MT+1 = main tension plus one, one whole number more than main tension used in knitting the garment
 MY = main yarn
 N(s) = needle(s)
 Nd(s) = needle(s)
 Ndl(s) = needle(s)
 NB = note bien (take note)
 No = number
 NRB = needle return buttons
 NSB = needle selection buttons
 NWP = non working position
 0 = central position on needle bed
 O = neutral position (needles) (Passap)
 O/0 = no stitches or rows worked
 opp = opposite
 oz = ounce(s)
 P = purl
 PAT = pusher aligning tool (Passap)
 patt = pattern
 PB = push-button
 PC = punch card
 R = right
 RB = ribber bed
 RC = return cams (generic term for holding position levers)
 RC = row counter
 rem = remaining
 rep = repeat
 RH = right hand

RHS = right hand side
 RP = rest position (Passap)
 RT = rib tension
 SB = single bed
 SC = single crochet
 SD = selector dial (Passap)
 SRE = silk ribbon embroidery
 SS = stitch size
 S/S = stocking stitch (stockinette stitch)
 st(s) = stitch(es)
 StS = stitch size
 std = standard
 strd = strand
 st.st. = stocking stitch (stockinette stitch)
 SY = scrap yarn
 T = tension
 TC = transfer carriage
 TD = tension dial
 tog = together
 trans = transfer
 UWP = upper working position
 WK = waste knit (K a few rows and release from machine, using WY)
 WOCO = wind-on cast on (e-wrap)
 WP = working position
 WY = waste yarn
 yd = yard(s)
 x = times
 [] = figures in brackets refer to larger sizes
 () = at end of sentence denote total no. of sts., rows or ns.

WEIGHT CONVERSION TABLE

Ounces to grams, calculated to the nearest whole gram

1 oz = 28.35 grams

oz		gms
1	..	28
2	..	57
3	..	85
4	..	113
5	..	142
6	..	170
7	..	198
8	..	227
9	..	255
10	..	283
11	..	312
12	..	340
13	..	369
14	..	397
15	..	425
16	..	454

