

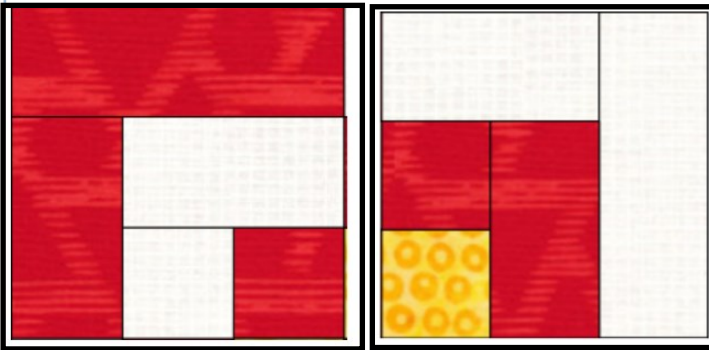
Brave and Bold Pattern adapted for the Trenton Friends of Quilts of Valour



Canada is asking quilters across the country to make quilts for our injured military and our veterans from the Bento Box block pattern "Brave and Bold" with a welcoming light in the centre representing home.

More info: https://www.quiltsofvalour.ca/pdfs/National-Sew-Day_QOVC_initial-invite.pdf

I've also included some notes for beginning quilters. **The block is 12 1/2" unfinished. All the pieces are cut from 2 1/2" strips.** (I cut my strips across the width of the fabric [WOF])



Cut:

Red: 2 of 6 1/2", 4 of 4 1/2" and 4 of 2 1/2"

White: 2 of 6 1/2", 4 of 4 1/2" and 3 of 2 1/2"

Yellow: 1 of 2 1/2"

Make 1 with a yellow center, another the same but with a white center and 2 of the red center as pictured above.

Set your machine up to sew all your seams at 1/4". If your seam allowance is more or less than 1/4", your blocks will not come out the correct size. Some quilters use a special sewing machine foot, others prefer to attach a guide onto the throat-plate i.e. a piece of green tape.



Press seam allowances to the red for the best finish.

With right sides together sew 1 red and 1 yellow 2 1/2" square together along one edge.

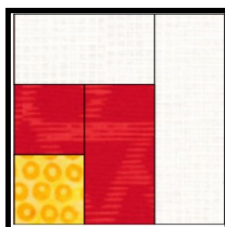


Open out and press the seam allowances toward the red.

It should measure 4 1/2" long! If not, redo it, adjusting your seam allowance as needed.

Add a 4 1/2" red strip to the right side edge, open and press to the red.

Add a white 4 1/2" strip to the top edge,



open and press, then a 6 1/2" white strip along the right side. .

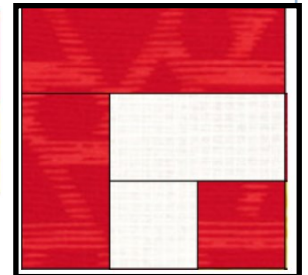
The opposite block is similar, starting with white and red 2 1/2" squares.



A white 4 1/2" strip is added above.

Add a red 4 1/2" strip to the left, press, then add a

6 1/2" red strip to the top. Press and make another identical block.



Join the 4 blocks into pairs, following the layout shown at the top of this page, press, then sew the final seam to complete your block.

Quilt Assembly:

- Sew five rows of six blocks to make a quilt approximately 60"x72" (30 blocks total)
- Use fabrics from your stash of red, whites, creams, and yellow) we know you have one! Fabrics from the Northcott Oh Canada line as well as others make a great fit!
- No borders are needed: simply layer, quilt, and bind. Have a look at variations on our website.
- We request that you supply the binding for any Brave and Bold top you donate.
- Your unfinished quilts, tops, and blocks can be sent to your local QOVC representative, found at <https://www.quiltsofvalour.ca/contact.html> or bring quilts, tops, and blocks to Quilt Canada 2020, in Edmonton, AB June 18 to 20, 2020.