

Scrub Cap

Designed by Yvette Chilcott

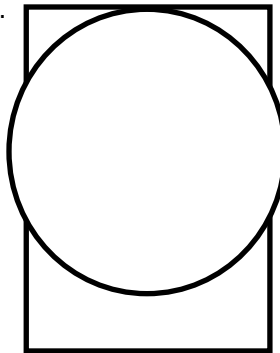
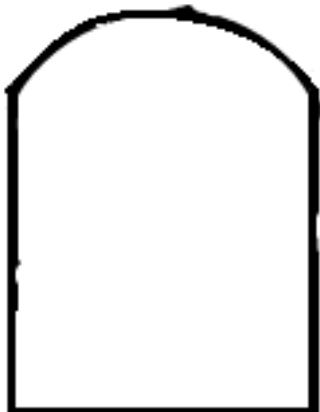
www.sewwhatyvette.com



This pattern is based on a chemo cap that I designed and use to make caps to donate to people in need. I've adapted it to make it larger so it fits over a full head of hair.

There are 3 parts to this cap, the back, the brim and the tie. 100% cotton fabric is the most comfortable.

To make a pattern for the **shaped back**, draw a rectangle that 7 inches wide and 10 inches tall. Use a sandwich sized plate to trace around to round the top. Cut out the pattern, then use it to cut one back. The straight end will be the bottom of the cap.



The **brim** is a rectangle 12 inches by 24 inches. Fold it in half longways with wrong sides together matching the long sides together, and press along the fold resulting in a piece 6 inches by 24 inches.



The **tie** is 2 inches by 22 to 24 inches. Fold it in half longways with wrong sides together and press to form a crease down the middle. Unfold, tuck the short ends in by about 1/4 inch, press, then fold each long edge in to the center fold and press. Then refold the strip along the original crease, bringing the outer folds to the center. Top-stitch, 1/8" from the outer edges, all the way around.



To assemble the cap, sew or serge the brim all the way around the good side of the outer edge beginning at 1 corner and ending at the other. If the brim is too long, simply cut off the excess.



Edge finish the entire straight edge which is the back of the cap. Turn it to the wrong side by 3/4 inch and top-stitch close to the finished edge to form a casing for the tie.

Insert the tie using a safety pin or an elastic inserter, distribute it evenly, then stitch through it and the center back to anchor it into place.

The back ties adjust the fit, and are long enough to tie into a bow.

Questions?

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