

# Yvette's Mask

Designed by Yvette Chilcott  
SewWhatYvette



Side view

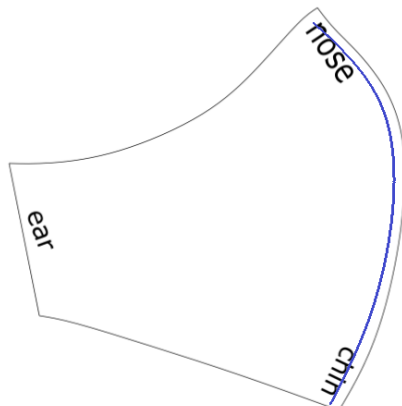


Front view, see how it covers my nose and chin. It fits me close enough, even without a wire at the nose, that my glasses don't fog up. And I can breathe.

Download the pattern, then be sure to print at "actual size".

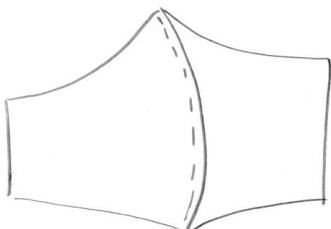
Select 100% cotton fabric with a close weave. It's been suggested that batiks are a good choice. Some people have added a "hepa" layer, while some use a lightweight fusible non-woven interfacing. I did not.

Cut 2 at a time through 2 layers of fabric placed with good sides together. Cut twice for 4 pieces, 2 are the outer layer and 2 are the lining.

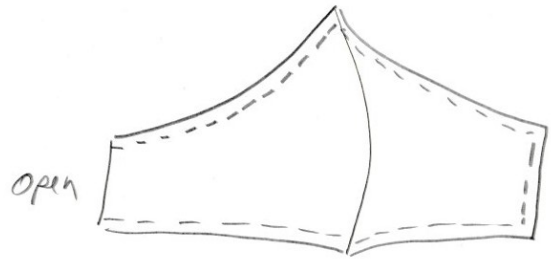


Using 1/4 inch seam allowance sew the curved front seam on both sets.

Open out each set and either press the seam allowance to one side or top-stitch the seam allowance to one side.



Press or top-stitch the seam allowances to opposite sides to make the next step smoother. (I found it easier to top-stitch than pressing the curved seam).



Place the 2 completed layers with right sides together. Match the pieces at the center seams. Watch you don't get one piece turned around. Ask me how I know, lol.

Again using 1/4 inch seam allowance, sew both layers together around 3 sides, leaving one of the straight ends (ear) open.

Turn right side out and press.

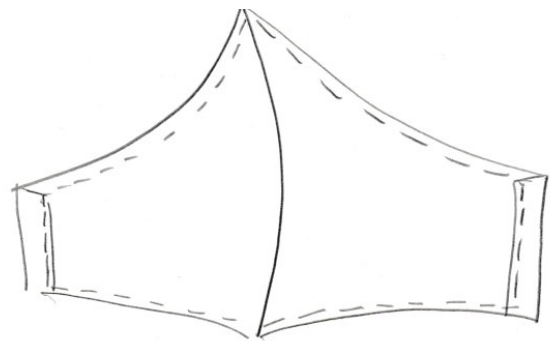
At the open end, tuck 1/4 inch to the inside and press.

At each end fold and press 1/2 inch toward the lining side and press.

Top-stitch 1/8 inch at the top and bottom and 1/2" at the ends to form a casing for the elastic..

Cut 2 pieces of 1/4 inch or narrower elastic about 10 inches long, and insert one into each casing.

Try on the mask and tie the elastic ends together so it's comfortable.



Trim off the elastic ends and pull the knot into the casing.

You can also use hair elastics, if you do, add them before you sew down the ends.

Questions? Email me at [yvettechilcott@yahoo.com](mailto:yvettechilcott@yahoo.com)